

Laura Cerola

Throughout my life I've always wished that could change many qualities about myself. But I know that the important one that needs to change is my self-esteem. For me someone who has good self-esteem takes care of their health, image and loves life. The hardest thing that I've been through has been being teased. The teasing destroyed my self-esteem. As a kid I've always had low-self-esteem.

Every morning I wake up sad. No matter what I ~~we~~ always feel sad. I see people around me and I see them happy and I wonder "how do they do it?" I mean, I've been diagnosed with depression and I don't know if that's part of the problem. And I feel that there's a lot missing in my life. I don't feel a complete person whenever I feel sad. That's what I most ambition good self-esteem that and money of course. But not even all the money in the world would help me feel that I have high self-esteem.